

Plant-based Prevention Of Disease

NUTRITION & LIFESTYLE MEDICINE



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2024 Event CME at P-POD for ABLM/ACLM Diplomate Exams

Prior to 2024, there was a **10-hour IN-PERSON CME** prerequisite for taking the Diplomate exam.

For 2024, this is replaced by a **20-hour LIVE EVENT CME (in-person OR virtual)** prerequisite for taking the Diplomate exam.

The P-POD Conference, approved since Dec. 2017 for meeting these needs, has sketched out a **flexible array of options** for how the expanded requirement may be satisfied through its in-person or virtual attendance.

P-POD will offer four 2024 conferences, with a total of SIX days between June and October, each one providing exactly 7.5 educational hours:

*Sat.-Sun. **June 1–2: Raleigh NC + Virtual**, 7.5 hours X 2

*Sat.-Sun. **Sept. dates TBA: Newark NJ + Virtual**, 7.5 hours X 2

*Sun. **Sept. 29: Virtual Summit #1**, 7.5 hours

*Sun. **dates TBA: Virtual Summit #2**, 7.5 hours

There will be 4 possible in-person days (each 7.5 hours) and 6 possible virtual days (each 7.5 hours), with **10 possible 7.5-hour registration options** in all.

YOU CAN MAKE YOUR OWN REGISTRATION BUNDLE BY CHOOSING ANY 3 OF THESE DAYS (whether in-person or virtual), TO EARN 22.5 HOURS AND SATISFY THE 20-HOUR PREREQUISITE.

SEE HOW THESE OPTIONS MIGHT HELP YOU (continued on next page):

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(continued from last page):

--A 3-day total of 22.5 hours is 2.5 hours more than needed for Diplomate prerequisites, so there is a buffer of safety in case of unexpected mishaps like air travel disruption or rescheduling costing you an hour or more at the beginning or end of one of the in-person conferences.

--All of the conference dates are on Saturday or Sunday, so if your employment burdens make it difficult to attend conferences between Monday and Friday, you're all set.

--If you can never attend conferences on Saturdays because of a 7th Day Adventist or Jewish observance, or your employment commits you on Saturdays, then you can satisfy the prerequisites fully by participating on 3 Sundays between June and October, out of 4 possible dates.

--As noted at the top, either in-person or virtual participation will count fully in 2024 toward the Diplomate credentialing prerequisite.

Registration for all these conferences is expected to open between February 3, 2024 and the end of March, starting with the June 1-2 event.

The in-person conferences are expected to have all scheduled activity completed by at least 40 minutes before sunset on each day.

